

June 18-22, June 25-29, July 2-6, July 9-13, July 16-20, July 30-Aug 3, Aug. 6-10, Aug. 13.17

Monday:

7:00-7:30- High Edge
7:30-8:15-High FS
8:30-9:15-Open FS
9:15-10:00-Open FS
10:00-10:30-Low/Int Power
10:05-10:35-High Flex
10:45-11:30-Open FS
11:30-12:15- Low/Int FS
11:45-12:30-High Jump

Tuesday:

6:15-7:00-Open FS
7:00-7:45-Open FS
8:00-8:45-Open FS
8:45-9:15-High Power
8:50-9:20-Low/Int Flex
9:30-10:15-Open FS
10:15-10:45-Low/Int Edge
10:15-10:35-High IJS
11:00-11:45-Theatre

Wednesday

7:00-7:30- High Edge
7:30-8:15-High FS
8:30-9:15-Open FS
9:15-10:00-Open FS
10:00-10:30-Low/Int Power
10:05-10:35-High Flex
10:45-11:30-Open FS
11:45-12:45-Pops

Thursday

6:15-7:00-Open FS
7:00-7:45-Open FS
8:00-8:45-Open FS
8:45-9:15-High Power
8:50-9:20-Low/Int Flex
9:30-10:15-Open FS
10:15-10:45-Spin Class
11:00-11:45-Open FS
11:45-12:30-Low Jump

Friday

7:00-7:45- Open FS
7:45-8:30-Open FS
8:45-9:30-Open FS
9:30-10:00-Coaches Choice
10:15-11:00-Open FS
11:00-11:45-Theatre and High Jump