

Lilac City Figure Skating Club
Presents

**THE 2017 JO WILLIAMS MEMORIAL CUP
CHAMPIONSHIPS**

*July 7-9, 2017
Eagles Ice-A-Rena
Spokane, WA*

Entry deadline: June 10, 2017 at 11:59 PM

Official Competition Website: www.lcfsc.org

Registration is ONLINE ONLY through www.EntryEeze.com

Open-Juvenile through Senior and Adult Gold IJS Events

No-Test through Pre-Juvenile skaters offered as IJS or 6.0 scoring for Free Skate

Compete USA Competition

Test Track

World, International, National, Sectional, Regional and Local Judges

Sponsored by:



Sanctioned by:



This event is a standard U.S. Figure Skating Nonqualifying Competition

Jo Williams 2017 Announcement



Page 1 of 21



The Jo Williams Memorial Championships competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

ELIGIBILITY/TEST LEVEL:

Test level: Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate one level above that for which they qualify, but they may not skate down in any event and not at multiple levels in the same event during the same competition. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

AGE RESTRICTIONS/REQUIREMENTS:

Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries. Skaters entering open juvenile free skate events (Well Balanced Program), must be at least 14 years of age at the close of entries. Skaters entering intermediate free skate events (Well Balanced Program) and showcase events must be under 18 years of age at close of entries. Skaters entering pre-juvenile pairs and couples dance events must be under 14 years of age at the close of entries. Skaters entering juvenile pairs and couples dance events must be under 16 years of age at close of entries. Adult event competitors must be age 21 or over at close of entries.

Skaters entering beginner - pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

**Please note that the Referee and the LOC reserves the right to combine Ladies and Men's events where permitted by the current U.S. Figure Skating Rulebook.

It is very important to the success of the competition that skaters are placed in the correct divisions. If, for whatever reason, the LOC discovers that a skater has been placed in a category that is below their class level, the chairman and referee will have the option to move that skater into the proper division, even if this has to be done the day of the competition.

ELIGIBILITY RULES FOR COMPETE USA PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program or those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organization are eligible to compete but must be registered with Learn to Skate USA or a member club.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam thru Basic Skills 6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed including MIF or individual dances.

This event is a standard U.S. Figure Skating Nonqualifying Competition

For the PreFree skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ENTRIES:

Online entry with secure credit card payment is available via Entryeeze at www.lcfsc.org or www.entryeeze.com . **Registration is ONLINE ONLY. Deadline for entries is 11:59 PM June 10, 2017.**

Late entries may be accepted at the discretion of the referee and the LOC and will be subject to a \$30 late entry fee.

Couples entering Ice Dancing and Pairs events must complete individual entries and payments through the Entryeeze registration system. You will be asked to indicate your partner's name.

Showcase entries must indicate both their singles free skating test level and their pattern dance test level to ensure placement into the correct showcase level in accordance with current U.S. Figure Skating rules.

**You will be asked the following "survey" question during Entryeeze registration: "If you are the only skater in any of the events you entered, would you prefer to skate as a single entry, combine with another event if qualified by age and test or withdraw from the single skater event with a refund." Your response to this question is final and will help us process the schedule quicker.

FEES:

Event Description	First Event	Additional
IJS Events <ul style="list-style-type: none"> • No Test - Senior, Adult Gold & Masters 	\$95	\$45ea
6.0 Events <ul style="list-style-type: none"> * No Test – Pre-Juv Singles, Showcase and Interpretive * Test Track events * Pairs events * Couples Dance events * Adult Free Skate * Solo Free Dance * Solo Pattern Dance 	\$95 (47.50 per skater for partnered events)	\$45ea- per singles event and \$60 per couple event
Ensemble Events <ul style="list-style-type: none"> • Duets • Mini Production • Production 	\$95 (per duet-\$47.50 per skater) \$95 plus \$10 per skater	\$60 (per couple)
Compete USA Events	\$50	\$30

A fee of \$30 will be charged for any checks returned for non-sufficient funds (NSF). Skaters will not be allowed to skate until all outstanding fees have been paid. Any outstanding fees must be paid at the time of check-in at the competition. Online processing fees are not included in the entry fee and will be charged separately at checkout. Entry fees are in U.S. Dollars.

A \$5 hospitality charge will be charged per skater.

This event is a standard U.S. Figure Skating Nonqualifying Competition

REFUND POLICY:

In accordance with Rule 3047, entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$30 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition and practice ice times will be available at www.lcfsc.org or at www.Entryeeze.com. In any event with only one entry, the skater will be given the option of withdrawing from the event with entry fee refunded or skating as a single entry in accordance with Rule 3045A.

All refunds, minus the online processing fee, will be returned to your credit card within 30 days of the competition based on determination of the LOC that a refund is due. The online processing fee is not refundable for any reason. No refunds will be issued for injuries.

FACILITIES:

The competition will be held at Eagles Ice-A-Rena located at 6321 N. Addison, Spokane, WA 99208. You can contact the arena at 509-489-9303. The ice dimensions of rink are 85'X 200'. There are dressing rooms available for skaters to use.

MUSIC:

Music must be produced on CD (no CD-RWs). Cds must contain music for only one cut of music per program. The CD must be clearly labeled in ink (Sharpie pen recommended) with the skater's name; the coach's name, the event, and the music run time. The CD must not have any type of small label attached as labels tend to stick in the music player. The official competition music must be turned in at the registration table at the time of check-in. All competitors must have an extra copy of the CD available at rink side during their event. Music may be picked up at the registration table following each event. Every reasonable care will be taken, but the Lilac City Figure Skating Club cannot be responsible for CDs left at the end of the competition. All CDs left at the end of the competition will be discarded.

Music will not be played for practice ice.

LIABILITY:

U.S. Figure Skating, Lilac City Figure Skating Club and Eagles Ice-A-Rena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM

IJS Events:

The ISU Judging System (IJS) will be used for Open-Juvenile – Senior level, plus Adult Gold and Masters, Short Program, Free Skate, and Pattern, Short, and Free Dance events. There will be video replay for IJS events. Skaters entering these events are required to submit a Planned Program Content (PPC) sheet for each IJS event entered. PPC sheets must be submitted online via Entryeeze no later than 11:59 p.m. Pacific Time, Sunday, July 2, 2017. Please go to Entryeeze to fill in your PPC sheet. **Late PPC sheets submitted through Entryeeze or provided on paper at registration will be charged a \$30 late fee before the skater can complete registration.**

No-Test – Pre-Juvenile Events:

Both the 6.0 and IJS events will be offered for skaters entering the No-Test through Pre-Juvenile events. There will be video replay for IJS events. All skaters entering IJS events are required to submit a Planned Program Content (PPC) sheet for each IJS event entered. PPC sheets must be submitted online via Entryeeze no later than 11:59 p.m. Pacific Time, Sunday, July 2, 2017. Please go to Entryeeze to fill in your PPC sheet. **Late PPC sheets submitted through Entryeeze or provided on paper at registration will be charged a \$30 late fee before the skater can complete registration.**

This event is a standard U.S. Figure Skating Nonqualifying Competition

6.0 Events:

All other events will be judged using the 6.0 Judging System. The LOC reserves the right to use the 6.0 system for some events if IJS-qualified officials are unavailable.

REGISTRATION:

Online registration will end on June 10, 2017 at 11:59PM. The official registration desk will be open one hour before the first event and run through the last event of the day. The registration table will be located in the lobby of Eagles Ice-A-Rena. Please register promptly upon arrival.

PRACTICE ICE:

Practice Ice must be purchased at time of registration. Practice ice is limited to one session per entered event at the time of registration. The practice ice sessions will be \$15 for 25 minutes prior to entry deadline of June 10th and \$20 after June 10th deadline. No refunds will be issued after the registration deadline. Skaters must check in with the ice monitor prior to taking the ice. No refunds will be given to those who do not attend their reserved practice ice. Practice ice for Intermediate to Senior will be limited to 16 skaters. All other levels will be limited to 20. Practice ice fees are non-refundable and you may not assign your practice ice to another skater.

*Depending on the size of the competition, available slots in the practice sessions and ice time availability, additional practice ice may be available in Entryeze for purchase after the practice schedule is complete. This additional practice time will be on a first-come first-served basis, at a cost of \$20 per 25 minute session. Within Entryeze, a skater may change their assigned practice session to another if there is one available at the correct level. Assignments may not be transferred to another skater and no refunds will be considered.

Practice Ice Schedules will not be given over the phone but will be available through www.entryeze.com roughly 2 weeks prior to the competition, depending on the referee's release of the schedule. No competition music will be played for practice ice.

ADMISSION: No admission will be charged. All events are open to spectators.

PHOTOGRAPHY/VIDEOGRAPHY: A professional video company and photographer will be at the rink. Any other professional photography/videography is prohibited. ALL award winners are encouraged to pose for the group picture, even if you do not plan to purchase a picture. All other videotaping and photography is restricted to hand-held battery operated equipment, without tripod, and is permissible only in the upper viewing area. No videotaping or photography from rink side. **Videotaping or photography of any skater other than your own is strictly prohibited.** Please be courteous to those viewing the event. Solicitation by any photographer or agent of anyone to be the subject of still or video photography is not permitted. For safety reasons, **no flash photography is allowed during the event.**

AWARDS: Awards will be presented for first through fourth place in the photographer's room immediately following the official posting of each event. Award photos will be taken. We ask that all award winners pose for the group pictures even if you do not plan to purchase a picture.

All Complete USA entries will receive an award and will be limited to 6 participants for each event.

OFFICIAL NOTICES: An official bulletin board will be maintained in the lobby near the restrooms. Event skating orders and posted results will be located in the hallway between Rink 1 and Rink 2. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition. Notices posted on this bulletin board are considered sufficient notice to all competitors.

INFORMATION REGARDING COACHES:

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

A. Must be a current full member of U.S. Figure Skating - either through a member club or as an individual member;

B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.

C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.

D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

For Learn to Skate USA ONLY coaches - Any person, 18 and older, instructing in a Learn to Skate USA Program must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge *all* coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

CONTACT INFORMATION:

LOC Chairperson	LOC Co-Chairperson	Registrar
LaVonne Elliott lcscpresident@gmail.com	Joli King lilaccityfigureskating@gmail.com	Eric Jurasin ejurasin@gmail.com

ADDITIONAL INFORMATION:

ACCOMMODATIONS

Ask for Jo Williams Competition Group Rate.

Hotel:	Quality Inn Oakwood 7919 N. Division Street Spokane, WA 99208 509-467-4900
Competition Rate:	\$110/night
Amenities:	<ul style="list-style-type: none">• Corner Cafe Hot Breakfast• Complimentary High Speed Internet• Indoor Pool and Spa• 100% non-smoking
Reserve by:	June 7, 2017

Note: Prices do not include applicable taxes

EVENTS

SINGLES FREE SKATE EVENTS:

Well Balanced Program Free Skate: No Test to Senior: <http://www.usfigureskating.org/story?id=84109>

Singles Short Program: Intermediate to Senior: <http://www.usfigureskating.org/story?id=84109>

Compulsory Moves: No Test to Senior: <http://www.usfigureskating.org/shell?id=59255>

Test Track Free Skate: Pre-Preliminary to Senior: <http://www.usfsa.org/shell?id=59254>

- Skaters will skate to the music of their choice. Vocal music is permitted.
- Level will be determined by the highest free skate test passed as of the entry deadline. Skaters may compete at highest level passed or skate up to one level.
- Free Skate and Short Programs are separate events.
- Short Program elements will be for the 2017-18 Season

PAIRS EVENTS:

Free Skate Event: Pre-Juvenile to Senior: <http://www.usfigureskating.org/story?id=84109>

Short Program Event: Intermediate to Senior: <http://www.usfigureskating.org/story?id=84109>

- Pairs will skate to the music of their choice. Vocal music is permitted.
- Level of pair team will be determined by the highest free skate test passed as of the entry deadline. Pair may compete at the highest level passed or skate up one level.
- Free Skate and Short Programs are separate events.
- Short Program elements will be for the 2017-18 Season

DANCE EVENTS:

Couples Pattern Dance Event: Pre-Juvenile to Novice

- Pre-Juvenile will skate the initial round dances

Couples Short Dance Event: Junior to Senior

Couples Free Dance Event: Pre-Juvenile to Senior

- For couples dance, the couple is composed of one lady and one man.
- Pattern Dance, Short Dance and Free Dance are separate events.
- Pattern Dances to be skated are for the 2017-18 season
- Short Dance elements will be for the 2017-18 season.

Qualifications and requirements for Partnered Dance Events can be found at <http://www.usfigureskating.org/story?id=84110>

Solo Pattern Dance: The solo pattern dance event is comprised of 1 dance. Ladies will skate the lady's steps, men will skate the man's steps.

Level	Requirement	Dances
Preliminary	No Test or passed Preliminary	Canasta Tango
Pre-Bronze	Passed Preliminary or Pre-Bronze	Swing Dance
Bronze	Passed Pre-Bronze or Bronze	Willow Waltz
Pre-Silver	Passed Bronze or Pre-Silver	Fourteenstep
Silver	Passed Pre-Silver or Silver	Tango
Pre-Gold	Passed Silver or Pre-Gold	Blues
Gold	Passed Pre-Gold, or Gold	Quickstep
International	Passed Gold or International	Rhumba

ADULT EVENTS:

Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. Elements will be for the 2017-2018 season. Required elements can be found at <http://www.usfigureskating.org/story?id=84112>

Singles Free Skate: Adult Pre-Bronze – Masters Seniors

Adult Pairs Free Skate: Adult Bronze – Centennial Pairs

SHOWCASE EVENTS

Current guidelines and procedures for nonqualifying showcase competitions can be found at <http://www.usfsa.org/shell?id=59260>

Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.

This event is a standard U.S. Figure Skating Nonqualifying Competition

Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and Scenery are permitted

General event parameters:

3. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
4. The determination of level will be based upon test requirement at the entry deadline

Duet Events

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

5. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
6. The determination of level will be based upon test requirement at the entry deadline

Dramatic, Light & Duet Levels and Events:

	Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered standard track)	Age	Time
Dramatic Entertainment, Light Entertainment & Duets (Duets must compete at the highest test level of the two skaters)	No Test*				
	Note: these levels do not qualify for National Showcase		Pre-Preliminary Free Skate	No Age restriction	1:30 max
	Pre-Preliminary*		Preliminary Free Skate	No Age restriction	1:30 max
	Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age (max age 20)	1:40 max

This event is a standard U.S. Figure Skating Nonqualifying Competition



	Pre-Juvenile	Pre-Juvenile Free Skate	Juvenile Free Skate OR Complete Pre-Bronze Dance	No minimum age (max age 20)	1:40 max
	Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	13 and under	2:10 max

Event	Must meet requirements for*	Must not have passed	Age	Time
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max
Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance	No age restriction	2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance	No age restriction	2:40 max
Senior	Senior Free Skate OR Senior Free Dance		No age restriction	2:40 max
Adult Bronze	Adult Bronze Free Skate or Pairs Events or have passed the complete Pre-Bronze Dance Test	Any Pre-Silver Dance Test	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate or Pairs Events or have passed one Pre-Silver Dance Test	Any Pre-Gold Dance Test	21 and older	1:40 max

This event is a standard U.S. Figure Skating Nonqualifying Competition

Jo Williams 2017 Announcement



Adult Gold	Adult Gold Free Skate or any Masters Pairs event or have passed one Pre-Gold Dance Test	Complete Pre-Gold Dance Test	21 and older	1:40 max
Masters	At least the Masters Intermediate or any Masters Pairs Event or have passed the complete Pre-Gold Dance Test		21 and older	1:40 max

**The determination of level will be based upon test requirements at the entry deadline. For the U.S. Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete, and rules 2540-2552 apply. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.*

Mini Production Ensemble Event

Formats:

- **Mini production ensemble** events are theatrical performances by three to seven competitors. Props and scenery are permitted. Programs are performed under full arena lighting
 - NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Mini Production Ensemble Events:

Event	Must meet requirements*	Must not have passed	Age	Program Duration
	Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance test (solo or partnered standard track)		
Mini Production	Open	Open	No age restriction	3:10 max

Production Ensemble Event

Formats:

- **Production ensemble** events are theatrical performances by eight or more competitors. Theatre On Ice teams are eligible as production ensembles. Props and scenery are allowed. Programs are performed under full arena lighting
 - NOTE: Skaters may enter only one duet, mini production AND production event each.

Current guidelines and procedures for nonqualifying showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

Production Ensemble Events:

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Must not have passed Free Skate or Dance test (solo or partnered)	Age	Program Duration
Production Ensemble	Open	Open	No age restriction	6:15 max

Interpretive:

The program will be a performance choreographed by the competitor, unaccompanied and unassisted, to music that is supplied by the LOC. Programs should incorporate various elements of expressive movement and skating moves, to enhance the skater's interpretation of the music, rather than technical elements.

The music will be played continuously during a 30-minute off ice session in a room. The room will be attended only by the adult monitor assigned to play the music, and the competing skaters. The music will be played twice during a warm-up on full ice. After the warm up skaters will go back to the room, with no music being played. Skaters will be brought to the ice when the previous skater finishes. All competitors in an event will interpret the same music.

Props are permitted but must be brought into the room prior to listening to the music, and be taken to the ice only when the skater is called to perform. Props may not be pre-positioned on the performance surface.

EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified. Vocal music is allowed.

- To be skated on full ice
- The skater may use elements from a previous level
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Pre-Free Skate – Free Skate 6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position - minimum three revolutions • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Pre-Free Skate – Free Skate Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A 0.2 deduction will be taken for each element performed from a higher level

Level	Time	Skating rules / standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position – minimum three revolutions • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers – minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:40 max	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination • Lutz jump
Free Skate 6	1:40 max	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump



EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> • Waltz jump • ½ jump of choice • Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional) • Forward or backward spiral
High Beginner	1:15 max.	<ul style="list-style-type: none"> • Toe loop jump • Salchow jump • Forward scratch spin - minimum three revolutions • Forward or backward spiral

ADULT EVENTS:

Adult 1-6 Free Skate, Pre-Bronze and Bronze Program Event:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1 <ul style="list-style-type: none"> • Falling and Recovery • Forward Marching • Forward two-foot glide • Forward swizzle (4-6 in a row) • Forward snowplow stop – two feet or one foot 	Adult 4 <ul style="list-style-type: none"> • Forward outside edge on a circle, right and left • Forward inside edge on a circle, right and left • Forward crossovers, clockwise and counterclockwise • Backward one-foot glides, right and left • Hockey stop, both directions
Adult 2 <ul style="list-style-type: none"> • Forward skating across the width of the ice • Forward one-foot glides 	Adult 5 <ul style="list-style-type: none"> • Backward outside edge on a circle, right and left

This event is a standard U.S. Figure Skating Nonqualifying Competition



<ul style="list-style-type: none"> • Forward slalom • Backward skating • Backward swizzles, 4-6 in a row 	<ul style="list-style-type: none"> • Backward inside edge on a circle, right and left • Backward crossovers, clockwise and counterclockwise • Forward outside three-turn, right and left • Beginning two-foot spin
<p>Adult 3</p> <ul style="list-style-type: none"> • Forward stroking using the blade properly • Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise • Backward skating to a long two-foot glide • Forward chasses on a circle, clockwise and counterclockwise • Backward snowplow stop, Right and Left 	<p>Adult 6</p> <ul style="list-style-type: none"> • Forward stroking with crossover end patterns • Backward stroking with crossover end patterns • Forward inside three-turn, right and left • T-stop • Lunge • Two-foot spin into one-foot spin
<p>Adult Pre-Bronze: Must have passed no higher than adult pre-bronze free skate test or pre-preliminary free skate test. Time: 1:40 maximum Refer to the current U.S. Figure Skating Rulebook #4600 for specific requirements.</p>	<p>Adult Bronze: Must have passed no higher than adult bronze free skate test or the preliminary free skate test. Time: 1:50 maximum Refer to the current U.S. Figure Skating Rulebook #4590 for specific requirements.</p>

SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on the USFSA website.

Showcase categories may include:

- Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Snowplow Sam/ Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult Pre-Bronze free skate test.	Time: 1:30 max.

INTERPRETIVE PROGRAM:

Competition Format

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

Levels:

Levels should be broken by ability with ages divided appropriately.

Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

Time:

Music Duration:

Pre-Free Skate to Pre-Preliminary: 1:00 Max

Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

